Heart Rate Monitor
Instruction

Berry King Heartbeat

Thank you that you use this product as your sports product. The product is a heart rate monitor with a sensor that tracks your heart rate in real time and sends the data to your smartphone.

**Important: This product is only suitable for sporting purposes, and does not replace the medical.**

The manual contains important safety and care information, and provides guidance on the use of this product, which you can follow step by step. Please read it carefully and keep this manual after reading also stored in a safe place.

**Device Overview**

**I. Heart Rate Monitor**

a. Front view

b. Rear view

1. battery compartment
2. Left and right carrying direction

**II. pectoral girdle**

3. Electrodes
4. Buttons

**III. Smartphone (available seperately )

Getting started**

**I. Unpacking the product**

In the package are
- Heart Rate Monitor
- adjustable elastic band
- „CR2032“ battery - included in product
- Instruction

**II. Wearing the pectoral girdle**

a. Wet the conductive pads on the back of the chest belt with a few drops of water, saliva, or electrode gel to obtain good contact.

b. Strap the heart rate chest belt firmly below the chest. To get an accurate heart rate signal, adjust the strap so that it sits just below your chest muscles.

c. Attach the transmitter to the strap with the inscription L left.

**Warning:** Inaccurate heart rate data is received when the device is worn in the wrong direction.
III. Install software on your smartphone to receive the heart rate data.

In the app go to HRM Add and then select the station. Not previously coupled via Bluetooth.

Ant+ devices: Either the connection is automatically established immediately or you have to register the recipient in the appropriate menu

This application is unique.

The chest strap automatically sense of ANT to Bluetooth.

For questions and help please contact our support: www.berryking.de

Warning:

a. Cleaning the transmitter and the chest strap in a washing machine or dryer is strictly prohibited.

b. Before you wash the product by hand, remove the transmitter. This part is not washable.

c. Make sure that the water temperature during washing is not higher than 30 degrees.

d. Iron, bleach or heat is prohibited.

Battery

The transmitter uses a „CR2032“ battery. The battery is included in the product. The battery usually lasts up to one year.

a. Use a coin to remove the battery cover. Turn this counterclockwise until it clicks.

b. Remove the old battery and insert the new battery with the + side up.

c. Turn the battery cover clockwise to close it.

Important:

a. non-rechargeable and rechargeable batteries must be disposed of properly. For this purpose, special containers for the disposal of batteries to local collection points are provided.

b. Batteries are extremely dangerous, moreover, they can be swallowed. Therefore, expose batteries, rechargeable batteries and small parts away from children.

c. It is not allowed to recharge by any other means, reactivate, dismantled the supplied batteries or set them in fire and shorts.

Data Transmission

ANT + Sport BLE system is supported to get a secure data by this HRM.

For ANT + system

Pairing/connection

When the HRM is not coupled to the ANT +, it must be activated and connected.

Make sure that there are no other ANT + transmission on your 50-meter radius. This could affect otherwise your device

If your device is successfully connected, it is ready for operation.

For Bluetooth 4.0 LE system:

This device is a Bluetooth device and is compatible with many iOS devices, including:

- iPhone 4S / 5 / 5S / 6 / 6 Plus or later
- new iPad / iPad 4 / iPad mini
- iPod Touch 5
- Smartphone with Android 4.3 or later
- Samsung Galaxy S4 /S5 /S6 or later

In addition, the device can also work with these apps:

- Endomondo
- Strava
- Sports Tracker
- MapMyRide
- Wahoo

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